

**October 2014 K-8 Lunch Menu
US Foods - St. Louis**

		<p>1 Biscuits & Gravy Sausage Chilled Fruit or Juice Milk</p> <p>Hamburger on a Bun Fresh Carrots & Dip Fresh Fruit Choice of Milk</p>	<p>2 Waffles & Syrup Chilled Fruit or Juice Milk</p> <p>Chili Mac & WG Roll Garden Salad / Fresh Broccoli Fresh Fruit Choice of Milk</p>	<p>3 Choice of Cereal Whole Wheat Toast & Jelly Chilled Fruit or Juice Milk</p> <p>Choice of Pizza Fresh Celery & Dip Chilled Fruit Choice of Milk</p>
<p>6 Sausage Pancake on a Stick Chilled Fruit or Juice Milk</p> <p>Corn Dog Green Beans Chilled Fruit Choice of Milk</p>	<p>7 Choice of Cereal Whole Wheat Toast & Jelly Chilled Fruit or Juice Milk</p> <p>Sloppy Joe on a Bun Baked Beans Chilled Fruit Choice of Milk</p>	<p>8 Biscuits & Gravy Sausage Chilled Fruit or Juice Milk</p> <p>Baked Ham & WG Roll Mashed Potatoes & Gravy Fresh Fruit Choice of Milk</p>	<p>9 Yogurt Blueberry Muffin Chilled Fruit or Juice Milk</p> <p>Bosco Sticks & Marinara Sauce Garden Salad / Fresh Broccoli Fresh Fruit Choice of Milk</p>	<p>10 Choice of Cereal Whole Wheat Toast & Jelly Chilled Fruit or Juice Milk</p> <p>Popcorn Chicken & WW Bread Sweet Potato Puffs Chilled Fruit Choice of Milk</p>
<p>13</p>	<p>14 French Toast Sticks Chilled Fruit or Juice Milk</p> <p>BBQ Grilled Chicken on a Bun Sliced Carrots Chilled Fruit Chocolate Chip Cookie Choice of Milk</p>	<p>15 Biscuits & Gravy Sausage Chilled Fruit or Juice Milk</p> <p>Hamburger on a Bun Fresh Broccoli & Dip Fresh Fruit Choice of Milk</p>	<p>16 Cinnamon Roll Chilled Fruit or Juice Milk</p> <p>BBQ Rib on a Bun Baked Beans Fresh Fruit Chocolate Chip Cookie Choice of Milk</p>	<p>17 Choice of Cereal Whole Wheat Toast & Jelly Chilled Fruit or Juice Milk</p> <p>Choice of Pizza Peas & Carrots Chilled Fruit Choice of Milk</p>
<p>20 Sausage Pancake on a Stick Chilled Fruit or Juice Milk</p> <p>Ham & Cheese Melt Green Beans Chilled Fruit Choice of Milk</p>	<p>21 Choice of Cereal Whole Wheat Toast & Jelly Chilled Fruit or Juice Milk</p> <p>Chicken Fried Steak & WG Roll Mashed Potatoes & Gravy Chilled Fruit Choice of Milk</p>	<p>22 Biscuits & Gravy Sausage Chilled Fruit or Juice Milk</p> <p>Soft Taco Lettuce / Tomato Black Beans / Fresh Fruit Chocolate Chip Cookie Choice of Milk</p>	<p>23 Waffles & Syrup Chilled Fruit or Juice Milk</p> <p>Chili & WG Roll Sliced Carrots Fresh Fruit Choice of Milk</p>	<p>24 Choice of Cereal Whole Wheat Toast & Jelly Chilled Fruit or Juice Milk</p> <p>Corn Dog Fresh Broccoli Chilled Fruit Sugar Cookie Choice of Milk</p>
<p>27 Breakfast Pizza Chilled Fruit or Juice Milk</p> <p>Popcorn Chicken & WG Bread Sweet Potato Puffs Chilled Fruit Choice of Milk</p> <p>USDA is an equal opportunity provider and employer.</p>	<p>28 French Toast Sticks Chilled Fruit or Juice Milk</p> <p>Cheese Quesadilla Garden Salad / Fresh Broccoli Chilled Fruit Choice of Milk</p>	<p>29 Biscuits & Gravy Sausage Chilled Fruit or Juice Milk</p> <p>Salisbury Steak & WG Roll Mashed Potatoes & Gravy Fresh Fruit Choice of Milk</p>	<p>30 Cinnamon Roll Chilled Fruit or Juice Milk</p> <p>BBQ Grilled Chicken Sandwich Black Beans Fresh Fruit Choice of Milk</p>	<p>31</p>